

## Rhinoplasty and Septoplasty

Rhinoplasty is an operation on the nose to correct nasal contour and/or restore nasal respiratory function.

Septoplasty is an operation involving only the septum.

Septorhinoplasty is an operation combining both procedures and involving the nasal skeleton and repairs to the septum due to a functional impairment involving both structures.

Coverage Guidelines (prior authorization is required):

One of the following criteria below must be present:

1. Septal deviation causing continuous nasal airway obstruction resulting in breathing difficulty not responsive to medical therapy; or
2. Deformity of the bony nasal pyramid that directly causes significant symptomatic airway compromise, sleep apnea, or recurrent rhinosinusitis unresponsive to medical therapy; or
3. Recurrent sinusitis felt to be secondary to a deviated septum and unresponsive to medical therapy; or
4. Recurrent epistaxis related to a septal deformity; or
5. Reconstruction secondary to removal of a nasal malignancy, abscess or osteomyelitis that has caused severe breathing difficulty or deformity; or
6. Significant deformity caused by recent trauma.

Procedures performed solely for cosmetic purposes are not covered.

Prior authorization shall be valid for 12 months from date of issuance.

Approved by:  Associate Medical Director  
Jerry Fingerut, MD

Date: 5 March 2014

Reviewed: \_\_\_\_\_

Revised: \_\_\_\_\_