

# Do you have both Medicare and Medicaid Health Insurance?



*Did you know there are programs that can help coordinate the services that Medicare and Medicaid pays for and that can help you live more safely at home?*

## If You ARE Already Receiving Long Term Services and Supports (LTSS) Like a Homemaker or Home Health Aide

When you join Rhody Health Options/ UNITY, you will have a care manager who can help make sure your health care needs are being met and that you have the services you need to live safely at home. You will be able to continue with your current home care providers.

The care manager can make sure that as your needs change, there is coordination among all of the different people who help you with your health care. For example, if your doctor thinks you need more home care services, the care manager can work with the home care agency to put that in place. If you need to go to the hospital, the care manager can help make sure everything is in place when you are ready to come home.



## If You ARE NOT Already Receiving LTSS

and you need help to live safely at home, these are some of the LTSS you may be eligible for:

- **A Homemaker** to help with you with meals, shopping, laundry and other household tasks
- **A Home Health Aide** to help you with bathing, dressing and other daily needs
- **Equipment** like grab-bars, handheld shower, raised toilet seats and other such devices
- **Emergency Response Services** such as Lifeline
- **Adult Day Services** provides a place in your community where you can go for recreation, exercise, to share a meal and other activities
- **A Peer Navigator** who can help you find non-medical services like food, heating assistance or housing

**MEDICARE** pays for your regular health care services like doctor visits, prescriptions and hospitalizations. If you join Rhody Health Options/UNITY you keep going to the same doctors with your Medicare card and use your Medicare D drug card for your medications. **There is no change to your Medicare services.** There is also no change if you have Medicare Advantage.

**MEDICAID** pays for services that you need to live safely at home or in the community. These services are called “long term services and support” or LTSS for short. Medicaid also pays for dental care and transportation services.

## About the Programs

### **Rhody Health Options/UNITY**

This program is operated by Neighborhood Health Plan of RI, which has contracts with a large network of providers around the state. *If you choose Neighborhood, and you are already receiving long term services and supports, your care manager will work with you and your healthcare providers to develop your individual care plan. If you are not receiving LTSS, a staff member will call you to talk about your health care needs and any help you might need to live safely at home. If you need services and are eligible, the staff member will work with you to get those services set up.*

**PACE** This program is only for people age 55 or older who have chronic health care needs. PACE coordinates and provides all your medical and long-term services and supports through its group of providers. Staff work with you to develop a plan of care that meets your needs.

**Medicaid Fee-For-Service** This is a Medicaid program that pays providers directly. With this program, you don't enroll in a health plan. If you decide not to enroll in Rhody Health Options/UNITY, you would need to call to “opt out” and you will be enrolled in Medicaid FFS instead.

## How Do I Enroll?

***Find out more about these programs by calling the Adults in Managed Care Info Line at (401) 784-8877 Monday-Friday 8:00 am to 3:30 pm.***



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