

# Do you have both Medicare and Medicaid Health Insurance?

Joining one of the new **COORDINATED CARE PROGRAMS** can help you get better services

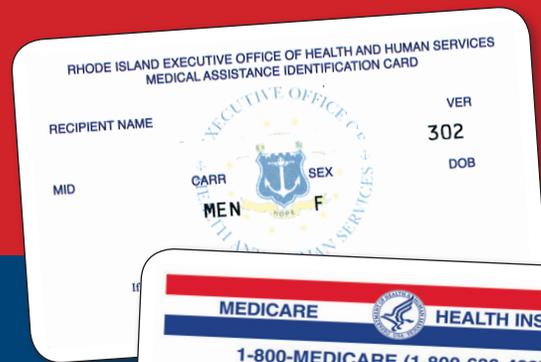
*Did you know there are new programs that help coordinate the services that Medicare and Medicaid pay for and help you live more safely at home?*

## How Do The New Programs Work?

### If You ARE Already Receiving Long Term Services and Supports (LTSS) Like Homemaker or Home Health Aide

When you join one of the new programs, you will have a care manager who can help make sure your health care needs are being met and that you have the services you need to live safely at home. You will be able to continue with your current home care providers. The care manager will discuss whether you need other LTSS like those in the list at right.

The program will develop an individual care plan with you so that all your doctors and people who help you at home "get on the same page" about your needs and services. The care manager can make sure that as your needs change there is coordination among all of the different people who help you with your health care needs. For example, if your doctor thinks you need more home care services, the care manager can work with the home care agency to put that in place. If you need to go to the hospital, the care manager can help make sure everything is in place when you are ready to come home.



### If You ARE NOT Already Receiving LTSS

Joining one of the new programs can help you get the services you may need to live safely at home and access the care coordination services described at left. These are some of the LTSS you may be eligible for:

- **A Homemaker** to help with you with meals, shopping, laundry and other household tasks
- **A Home Health Aide** to help you with bathing, dressing and other daily needs
- **Equipment** like grab-bars, hand held shower, raised toilet seats and other such devices
- **Emergency Response Services** such as Lifeline
- **Adult Day Services** provides a place in your community where you can go for recreation, exercise, to share a meal and other activities
- **A Peer Navigator** who can help you find non-medical services like food, heating assistance or housing



## If you have both Medicare and Medicaid health insurance, joining one of the new **COORDINATED CARE PROGRAMS** can help you get better services

**MEDICARE** pays for your regular health care services like doctors visits, prescriptions and hospitalizations. If you join the new program you keep going to the same doctors with your Medicare card and use your Medicare D drug card for your medications. There is no change to your Medicare services. There is also no change if you have Medicare Advantage.

**MEDICAID** pays for services that you need to live safely at home or in the community. These services are called “long term services and support” or LTSS for short.

### What Are My Program Options?

*There are three different programs you may choose from.*

**Rhody Health Options Unity** This program is operated by Neighborhood Health Plan of RI (Neighborhood), which has contracts with a large network of providers around the state. *If you choose Neighborhood, and you are already receiving long term services and supports, your care manager will work with you and your healthcare providers to develop your individual care plan. If you are not receiving LTSS, a staff member will call you to talk about your health care needs and any help you might need to live safely at home. If you need services and are eligible, the staff member will work with you to get those services in place.*

**Connect Care Choice Community Partners** (4CP) This program is based on a primary care case management model. There are 17 primary care practices that participate. Each practice has a nurse care manager or social worker who works with you to find out what services you need and develops a plan with you and your doctor to help you stay well and live in the community. The program also includes a community health team, staffed by CareLink, that helps you find additional services you may need.

**PACE** This program is only for people age 55 or older who have chronic health care needs. PACE coordinates and provides all your medical and long-term services and supports through its group of providers. Staff work with you to develop a plan of care that meets your needs.

### How Do I Enroll?

*You can enroll or find out more about the programs by calling the Enrollment Help Line at 784-8877, Monday-Friday 8am to 3:30pm. You can also call The Point for more information at 462-4444.*

**If you received a notice from the state** telling you that you were being enrolled in one of the programs and you decided to “opt out”, it is not too late to enroll in a program to take advantage of the health care coordination services and other special services you may be eligible for. Remember, your Medicare services do not change.

**If you did not already receive a notice from the state** about these programs, you may receive one in the future when you need long term services and supports.



*Prepared by RI Voices for Better Health, a joint project of The Senior Agenda, The RI Organizing Project and The Economic Progress Institute.*

*October 2014*