



# Home-Based Therapeutic Services (HBTS) Fact Sheet

## What is Home-Based Therapeutic Services (HBTS)?

HBTS is medically necessary, intensive services that can help families of children with moderate to severe behavioral health, developmental or physical disabilities. HBTS is provided to children in the home or community setting and is intended to:

- Maximize the child's ability to live at home
- Participate as valued members of their family and community
- Improve the child's ability to function in the least restrictive level of care
- Improve the child's ability to transition to adulthood

## Who's Eligible?

- Children who are Medicaid eligible
- Children up to 21 years of age
- Children living with their family, legal guardian or in foster care
- Children with chronic and moderate to severe cognitive, physical, developmental and/or psychiatric conditions with a DSM-V or ICD-10 diagnosis within the last two years
- Children who have not benefited from other intensive outpatient services
- Children who may be at risk for hospitalization or out of home placement without receipt of HBTS
- Children who are enrolled in Medicaid, RItCare or RItShare

## Family Role and Responsibilities

- Families must ensure that the care setting is safe
- Families collaborate and communicate with HBTS agency staff to develop and implement the Treatment Plan
  - Must be physically present and participate a majority of the time as specified in the Treatment Plan
  - Must be present when siblings requiring supervision are present in the home
  - Must have a parent goal on the Treatment Plan
  - May be asked to keep track of child's behavior during non HBTS times

## HBTS Worker Role and Responsibilities

- Implements the Treatment Plan
  - Provides one-on-one therapeutic services
  - Reinforces skills identified in the IEP or IFSP
  - Keeps progress notes and data on Treatment Plan goals
  - Provides information to families and clinical supervisor on Treatment Plan goals
  - Attends weekly supervision sessions with clinical supervisor
- Attends on-going training sponsored by HBTS Agency

## Clinical Supervisor Role and Responsibilities

- Provides supervision of the HBTS worker
- Reviews and provides consultation on methods used by worker
  - Consultation may take place in the home, at the agency or over the phone
- Analyzes child's response and progress to interventions
- Make adjustments to the Treatment Plan as appropriate
- Has complete clinical responsibility for the content and management of the Treatment Plan
- Maintain contact with other resource providers involved with the family

### **Specialty Clinical Consultant**

- Clinical consultation provided by a licensed Physical Therapist, Occupational Therapist or a Speech Language Pathologist may be provided through some plans
  - Provide goals in their area of expertise for the child
  - Provide support to facilitate the child's mastery of treatment objectives

### **Key Components of HBTS**

- HBTS is an intensive treatment program designed to help children learn specific skills and apply them within the home and age-appropriate community settings
- HBTS is not child care or respite and does not take place of other services (school, Early Intervention)
- HBTS is expected to complement other services
- Families must be active participants in the child's Treatment Plan

### **How to Access**

1. Please first contact your health plan if you are enrolled in RIteCare or RIteShare (Neighborhood Health Plan or United Healthcare)
2. Contact your Cedar Family Center (if applicable)
3. Contact the HBTS provider directly if neither of the above apply to your family.

### **Reasons for Ending HBTS Services**

- The child loses Medicaid eligibility/health coverage
- The child's documented goals and objectives have been met
- The family chooses to discontinue HBTS
- The child is not benefiting from participation in HBTS
- The level of service is no longer suitable
- The child is at risk of harm to self or others
- The home environment presents safety risks to staff
- The parent/guardian is not successfully following program rules
- The child has been admitted to an institutional setting
- The provider agency is unable to staff an authorized Treatment Plan

**For more information,** please refer to the *RI Medicaid Programs for Children with Special Health Care Needs* guide for a list of participating HBTS providers.

<http://www.eohhs.ri.gov/Consumer/ConsumerInformation/Healthcare/PeoplewithSpecialNeedsandDisabilities/Children.aspx>